

Family Emergency Supplies Kit:

Your Kit Should Include:

Hazards can strike quickly and without warning. Act now to prepare for at least the 5 days following a major disaster. The following items should be included in your disaster safety kit. We recommend:

- Basic safety equipment
 - flashlight with spare batteries
 - radio with spare batteries or crank radio
 - emergency candles and water proof matches
 - first aid kit
 - pocket knife

- Food and water supplies
 - three to five day supply of bottled water (4 litres per person/day)
 - purification tablets
 - three to five day supply of non-perishable food (per person)
 - manual can opener
 - disposable plates, cutlery, cups

- Ready-to-go bag
 - one change of clothes for each person
 - special items for infants, elderly or disabled
 - extra keys for the car or building and some cash

- personal medication and prescriptions for medication/eyeglasses
- whistle

- Personal hygiene kit
 - toothbrush and toothpaste (per person)
 - shampoo and hairbrush
 - sanitary napkins
 - towel and facecloth (per person)

- Other essential items
 - blankets for each person
 - photocopies of personal documents – including insurance policy
 - recent photos of each person
 - activity books and/or playing cards
 - three day supply of food and water for pets

Keep the items that you would most likely need during an evacuation in an easy-to-carry container, such as a trashcan, camping backpack or duffel bag. Store your kit in a convenient place and keep a smaller version in your car. Keep items in airtight plastic bags. Change your stored water and rotate stored food every six months. Check your supplies and re-think your needs every year. Also, ask your physician or pharmacist about storing prescription medication.

Portable Radio with Fresh Batteries

Your radio will be your most useful information source. This includes both your AM/FM and Weather Alert Radios. Have enough batteries to last several days. Electricity may

not be available for days or weeks, if you choose to stay. Don't wait until the last minute to buy fresh spare batteries. There will be a high demand and short supply of vital supplies shortly after a hurricane watch is issued.

Flashlights, Lanterns and Matches

Store matches in a waterproof container. Have lantern fuel in a safe container and location adequate to last for several days, if you plan to stay. We do not recommend candles. Keep fire safety in mind. If you had a fire, emergency response could be difficult or impossible!

Full Tank of Gasoline

Never let your vehicle's gas tank be less than half-full during hurricane season. Fill up as soon as a hurricane watch is issued. Adequate fuel will be needed in the event of an evacuation. Remember, when electrical power fails, gas pumps will not work!

Canned Goods and Non-Perishable Foods

Store packaged foods that can be prepared without cooking and need no refrigeration. Don't forget a manual can opener!

Containers for Drinking Water

Have clean, airtight containers to store sufficient drinking water for several days. The local water supply will probably be interrupted or contaminated.

Clothing and bedding

One complete change of clothing for each person, sturdy shoes or work boots, rain gear, blankets or sleeping bags, hat and gloves, thermal underwear and sunglasses.

First-Aid Kit

Assemble a first-aid kit for your home and each vehicle. Items should include, sterile adhesive bandages in assorted sizes; gauze pads; hypoallergenic adhesive tape; triangular bandages, sterile roller bandages; scissors; tweezers; needle; moistened towelettes; antiseptic; thermometer; safety pins; cleansing soap; latex gloves; and sunscreen. Also, aspirin and anti-diarrhea medication.

Special Items

1. BABIES - formula, diapers, bottles, powdered milk and medication
2. ADULTS - medications, prescriptions, denture needs, eye glasses and/or contact lenses and supplies
3. ENTERTAINMENT - games and books
4. IMPORTANT FAMILY DOCUMENTS - wills, insurance policies, contracts, deeds, passports, stocks and bonds, immunization records, important phone numbers, credit card accounts, social security cards and other personal family records